



Reclaim your Path

Pathways to Empowerment is a 9 week course for women who are recovering from family and domestic violence.

The group is about reconnecting with yourself, working out what sort of life you want, and the practical steps you can take to achieve this.

It will include creative activities to help you think about your hopes, values & skills, and a lot of information and support if you would like to study or get a job.

**Pathways to
Empowerment**



Supported by
**Government of
South Australia**

Term 3, 2022
9.30 am - 2.00 pm
(lunch provided)

Wednesdays from

3rd Aug to 29th Sept (9 weeks)

Southern suburbs location to be advised on registration

For further information please email program@zahrafoundation.org.au

or call the Zahra Foundation Office on **83521889**